



## Public Safety and Aquatic Rescue Self assessment and review questions



# Chapter 5 Defibrillation and basic oxygen

Candidate's name: \_\_\_\_\_

### Introduction

The questions in this document are designed to assist candidates for the Surf Lifesaving Bronze medallion to better understand some of the information included in the 33<sup>rd</sup> edition manual, "Public Safety and Aquatic Rescue". These questions are for review and self-assessment only – they are not an assessable part of your training program.

For this section, the answers to these questions appear in Chapter 5 of the 33<sup>rd</sup> edition Bronze Manual, "Public Safety and Aquatic Rescue".

### DEFIBRILLATION AND BASIC OXYGEN

#### 1.1 Defibrillation

a) What does the acronym AED stand for?

A \_\_\_\_\_

E \_\_\_\_\_

D \_\_\_\_\_

b) As a first preference, who should perform defibrillation?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

c) What is the survival rate of patients who

\_\_\_\_\_



receive defibrillation within 2 minutes of sudden cardiac arrest?

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d) Can you perform defibrillation on a patient that is breathing and responsive?

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e) Why should you not operate an AED in an unstable environment (eg, car or boat)?

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## 1.2 Oxygen

a) Name four conditions that might benefit from provision of oxygen:

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b) In what position should an unconscious patient be when given oxygen?

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c) How should oxygen bottles be stored?

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d) Is it acceptable to allow a conscious patient to hold the oxygen mask themselves?

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