



Medical Clearance for RWC Operator

- ✓ Please print clearly.
- ✓ Please attach additional information if space is not sufficient.
- ✓ In order to assess this application, please include the following supporting material.

Privacy

These personal details are being collected by Surf Life Saving Australia for the purpose of a Medical Clearance for RWC operators. This information will not be disclosed to third parties. You have the right to access the information held about you by these Surf Life Saving Australia.

Operations:

RWC's are used for roving in-water patrols in a variety of surf and weather conditions, primarily in the white water surf environment. Operators of RWC's are required to be physically and mentally capable of numerous tasks including the ability to drive a motor vehicle, launch and recover the RWC, operate the RWC wearing protective equipment including a helmet and zip up floatation vest in the surf environment for periods up to 6 hours, and perform rescues of persons in the surf who may have a limited capacity to help themselves.

Special Considerations:

RWC Operators will be subjected to physical stresses which include those associated with:

1. Assisting in launching by dragging / pushing the RWC weighing approx 350kg over sand and in the surf.
2. Balancing in a standing position on the RWC which is being moved by waves.
3. Negotiating the surf zone in waves in excess of 2.5m, which includes leaning from side to side and forward (head well down) and rearward while holding tightly onto the handlebars with both hands. Also included is the flex / unflex of the first two fingers of the right hand while using the accelerator.
4. Becoming airborne over waves and landing with bent knees.
5. Vibrations and sudden jerks from choppy water while seated or standing.
6. Rescues where the RWC Operator grasps the wrist of the patient with his / her left hand and may be required to twist / lift to the left, and drag / hold a dead weight in excess of 40kg.
7. Constant spray to the whole body and a very wet environment.
8. Using a craft propelled by an engine using a petrol / oil mixture.
9. Using a hand rotation crank winch to recover the RWC onto a trailer.

Clearance:

I Dr _____ of _____
Having considered the above requirements, consider that the RWC Operator
Mr / Mrs / Miss _____
To be physically capable of performing the tasks involved. Signed _____ Date _____