



Recognition of Prior Learning (RPL) Surf Coach Level One

- ✓ Please print clearly.
- ✓ Please attach additional information if space is not sufficient.

Privacy

These details are being collected by Surf Life Saving Australia for the purpose of recognising prior learning. The personal information will be disclosed to states for the purpose of assessing your RPL application. You have the right to access the information held about you by Surf Life Saving Australia.

Recognition of Prior Learning

Recognition of Prior Learning (RPL) is the acknowledgment of skills and knowledge held as a result of formal training, work experience and/or life experience. Surf Life Saving Australia encourages all participants to apply for RPL in its coaching courses. RPL is granted upon approval of the course coordinator, deeming that the form and evidence supplied satisfactorily meets the criteria.

Evidence needs to be supplied to support the application for RPL. Applicants need to state how the evidence relates to the specific assessment criteria. Remember the experience can be through vocation (work), training (education) or life experience. Evidence can consist of: certificates from other coaching courses, relevant tertiary qualifications, references, assignments, training programs etc.

If you don't have evidence to substantiate your claim, but consider that you could demonstrate your competence to the state coaching coordinator; please note this in the relevant section. You may be asked to demonstrate this competency.

To apply for RPL for the Level One Introductory Surf Coach Course, tick which modules you wish to seek RPL for on page 2. On the subsequent pages, provide evidence that satisfies the learning outcomes in the corresponding module. If you have difficulties filling out this form, or if you have any questions, please contact your state coaching coordinator.

Details

First Name	Last Name
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Exemption - Please circle if you have a higher relevant qualification*	Yes / No
Title of qualification _____	

*Please enclose a copy of the qualification, including the details of the content

Office Use	Exemption granted	Exemption not granted
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Module 1: Introduction to Surf Coaching	
Learning Outcomes	Evidence
Identify SLSA and industry coaching philosophies and styles	<i>e.g. can demonstrate a knowledge of SLSA and industry current coaching best practice</i>
<ul style="list-style-type: none"> • Identify SLSA and industry coaching philosophies and styles • Describe a personal coaching philosophy and style • Describe the occupational health and safety laws and practices relevant to you industry and the responsibilities placed on your workplace • Plan and conduct a hazard inspection of your workplace using a standard checklist • Identify safe work practices and emergency procedures in your workplace • Describe the occupational welfare structure and services in your workplace • Outline the circumstances where sporting organisations and their employees may be liable for injuries sustained by participants and non participants • Outline a range of risk management strategies for sports organisations • Explain equal opportunity, equal employment opportunity and anti discrimination legislation in the context of a sporting organisation 	
Module 2: Athlete Development	
Learning Outcomes	Evidence
<ul style="list-style-type: none"> • Describe the developmental patterns of children aged 7 – 9 years • Describe the developmental patterns of youths aged 12 – 18 years • Describe the developmental patterns of adults • Describe the developmental patterns of masters athletes • Describe the training principles associated with sports psychology in a surf lifesaving context. 	
Module 3: Planning Training	
Learning Outcomes	Evidence
<ul style="list-style-type: none"> • List specific training principles for key surf lifesaving events • Describe the processes used to prepare for training (objectives and lesson plans) • Describe the principles of planning for a sporting event or competition • Produce basic event specific training plans and sample training sessions • Produce a one month training program for a surf athlete 	
Module 4: Sports Science	
Learning Outcomes	Evidence
<ul style="list-style-type: none"> • Describe the dietary considerations for a surf athlete • How would you monitor a surf athletes fitness • Explain 3 recovery procedures for surf athletes 	
Module 5: Delivering and Reviewing Training	
Learning Outcomes	Evidence
<ul style="list-style-type: none"> • Name the procedures and techniques involved with delivering training • Conduct a SLSA discipline specific training session • Assess trainees strengths and weaknesses including structural, fitness, technical and performance 	
Practical Module	
<ul style="list-style-type: none"> • This needs to be done at a Level 1 Surf Coach Course. RPL is not normally available. 	

Appendix 2- RPL

See web site http://www.slsa.com.au/site/_content/resource/00000974-docsource.pdf

RPL/RCC Assessor Report

Applicant's name:.....

Competencies	Evidence Supplied	Validity (Is it relevant?)	Sufficiency (Is there enough evidence?)	Authenticity (does it belong to the candidate)	Current (within the last four years?)	Comments
Module One: Introduction to SLSA Coaching	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	
Module Two: Athlete Development	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	
Module Three a: Planning training – The Main Set	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	
Module Three b: The Training Session	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	
Module Three c: The Training Program	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	
Module Four: Sports Science	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	
Module Five: Delivering and Reviewing Training	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	Yes <input type="radio"/> No <input type="radio"/>	

All performance criteria met: (please tick) YES NO (please advise the applicant additional evidence they are still required to supply)

Date of Assessment:..... Name of Assessor:.....

Position:..... Contact number:.....